

U12 Outdoor League Rules and Regulations

FIFA Laws of the Game are in effect with the exception of the following:

Law 1 – Field of Play (Mandatory Requirements)

Dimensions

Length: between 65 to 82 yards long

Width: between 45 to 60 yards wide

The field shall be rectangular in shape.

Field Markings

The field of play is divided into thirds and by a centre spot that indicates a centre spot that is located at the midpoint. A circle with a radius of 10 yards may, but not mandatory be marked around it. An offside line parallel to the centre line should be marked from touch line to touch line at the attacking third mark. All field markings may be marked by the means of cones or with markers.

Penalty Area

A penalty area will not apply and therefore should not be marked.

Goal Area

A goal area shall be 8 yards deep by 20 yards wide (10 yards each side of center of the end line).

Goals

Goals shall be 18 ft wide and between 6ft and 8ft high.

Law 2 – The Ball

The ball shall be a size 4.

Law 3 – The Number of Players

A match is played by 2 teams, each consisting of not more than eight (8) players, one whom is the goalkeeper. A match should not start if either team consists of fewer than six (6) players.

Law 4 – The Player's Equipment

The wearing of rigid casts or splints, even though covered with foam or other protective padding will NOT be allowed. Braces may be worn by players, where in the opinion of the referee, such braces are not POTENTIALLY INJURIOUS to other players on the field.

Law 7 – The Duration of the Match

The match last two equal periods of 30 minutes each, unless otherwise mutually agreed between the referee and the 2 participating teams.

Law 11 – Offside

The offside rule is in effect at the attacking 3rd of the field. This line may be marked as a dotted line, and solid line or single cones or flags on the touch line.

Law 12 – Fouls and Misconducts

A player who, in the opinion of the referee, intentionally commits any of the following offences shall be penalized by the awarding of a free kick to the opposing side.

- Kicks or attempts to kick an opponent
- Careless, reckless or excessive force
- Trips an opponent
- Jumps at an opponent
- Charges an opponent in any manner
- Strike, attempts to strike, or spits at an opponent
- Holds an opponent
- Pushes an opponent
- Handles the ball, i.e. strikes, carries or propels the ball with hand or arm, with the exception of the goalkeepers within their own goal area.

Referees may still dismiss a coach or a spectator if required. Any Spectator or Team Official dismissed will be subject to discipline sanctions according to Section XI: Discipline of the CMSA Rules of Play.

Law 13 – Free Kicks

1. For any infringement of the Rules of the Game when the ball is in play, the referee may award a free kick to the team opposing that of the offending player. The free kick shall be taken from the place where the infringement occurred, unless the free kick is awarded to the attacking team within the opponent's goal area. In this case, the kick shall be taken from that part of the goal area line which runs parallel to the goal line, at the point nearest to where the offence was committed.
2. At the taking of a free kick the ball shall be stationary and all opponents shall be not less than 6 yards from the ball until it is kicked.
3. Players taking a free kick within their own goal area shall kick the ball into play beyond the goal area. The ball is in play when it is kicked, moves, and has passed outside the goal area. All opponents shall be outside the goal area and not less than 6 yards from the ball until it has been kicked. For any infringement of this rule the free kick shall be retaken.
4. A player taking a free kick shall not play or touch the ball a second time until it has been played or touched by another player.

Law 14 – The Penalty Kick

There are no penalty kicks.

Law 15 – The Throw-In

Since this is a developmental league, OMSA encourages coaches to teach their players to throw in the ball. As long as they use both hands and deliver the ball from behind and over their head, consider the throw legal.

Law 16 – The Goal Kick

Goal kicks can be taken *from anywhere inside the goal area*.